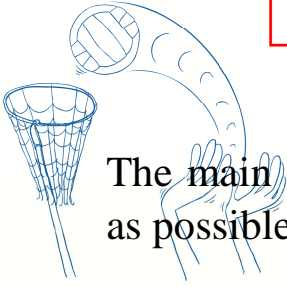


# Active Schools



The main aim of Active Schools is to provide as many opportunities as possible for children to get more active, more often.

The Active Schools Coordinator (Lynsey Coutts) works very closely with the PE Department to encourage pupils to attend extra-curricular clubs. There is a huge variety of clubs on offer during lunchtimes and after school that pupils can get involved in each week.

Alongside the sports and physical activities offered, Active Schools also provides a number of leadership opportunities. Some of the leadership opportunities take the form of informal conference days which are aimed towards S3/4 pupils, and others are recognised qualifications, such as Sports Leaders, that are open to S5/6 pupils.

Above all of this there are a number of Active Schools' events ran throughout Aberdeenshire in which pupils get the chance to represent their school either on an individual basis or through sports teams.

