

# Health and Food Technology



## ADVANCED HIGHER

This course is suitable for students who have achieved Higher Health and Food Technology grade B or above and who have an interest in developing skills, knowledge and understanding about the relationships between food, nutrition, diet and health, and contemporary food issues that affect consumer food choices.

It will appeal to students who would like to have more independence and responsibility for their learning. They should be able to demonstrate a mature approach to learning and the ability to work on their own initiative with minimal supervision.

The course is excellent preparation for any student considering further education

### Course content

Candidates will develop and apply knowledge and understanding of:

- The relationship between food and health and the importance of these relationships
- Food Science
- Contemporary issues affecting consumer food choices
- Commercial food manufacturing

### Project

Advanced Higher students will complete a project, which is externally assessed and marked by the SQA.

The project has 60 marks out of a total of 110 marks for the course assessment.

The project gives students the opportunity to demonstrate challenge and application by demonstrating skills, knowledge and understanding within the context of carrying out research into a current food issue.

This is a comprehensive piece of work and comprises of several sections; it is vital that the students meet the deadlines set for each section.

There is increasing emphasis on individual research and students need to organise their schedules to ensure that they are able to complete work on time.

### Exam

Students have 2 hours and 30 minutes to complete the question paper which is marked externally by the SQA. The question paper has 50 marks out of a total of 110 marks for the course assessment.