

Games and Sports



This choice has been running for a number of years and has always had an air of flexibility to include activities that the pupils enjoy and wish to participate in. This has included Football, Badminton, Volleyball, Table Tennis, and Fitness to name but a few.

In previous years we have also arranged for pupils to go to Transition Extreme to do a climbing course and learn Snowboarding at the Bridge of Dee - but this can only happen depending on numbers interested, availability of instructors and if our timetable can accommodate the time requirement.

Each year, starting in the October term, we offer pupils the opportunity to do the Community Sports Leaders Award (CSLA). Although we ask the pupils to pay an amount towards this course – it does receive subsidy from the school. During this course, the pupils learn to handle small groups of children, and take on voluntary roles at the feeder Primary schools. They also come out with a First Aid certificate, confidence and experience to look for jobs in this area.

Finally, this year, the staff at the swimming pool, have been taking pupils through a Lifesaving course which is a recognised qualification and gives them the possibility of being taken on for employment.

Anyone choosing this course will should have a keen interest in sport and be willing to organise their own equipment and take on responsibility for their and their friends learning.